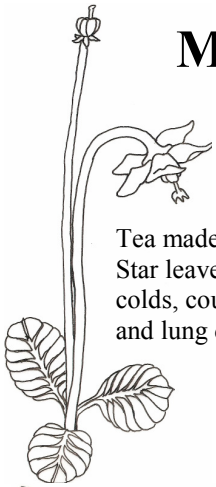


Internal Healing

Match Traditional Healing to Western Medicines



Tea made with Bethlehem Star leaves are used for colds, coughs, sore throats and lung disorders.



Highbush Cranberry juice and jelly are used to help heal urinary infections. The jelly and berries are also used as a cough suppressant and for colds and sore throats. Cranberry cambium is used in a decoction to heal infections, menstrual and stomach cramps, asthma



Devil's Club cambium is and roots are used for a number of ailments: colds, sore throat, arthritis, heart trouble, cancer, tooth aches, and to help lower blood sugar levels to help diabetics.



Pineapple weed is used to aid in stomach problems and constipation.

