





Water Hemlock,







Northern Yarrow,





Northern Yarrow,





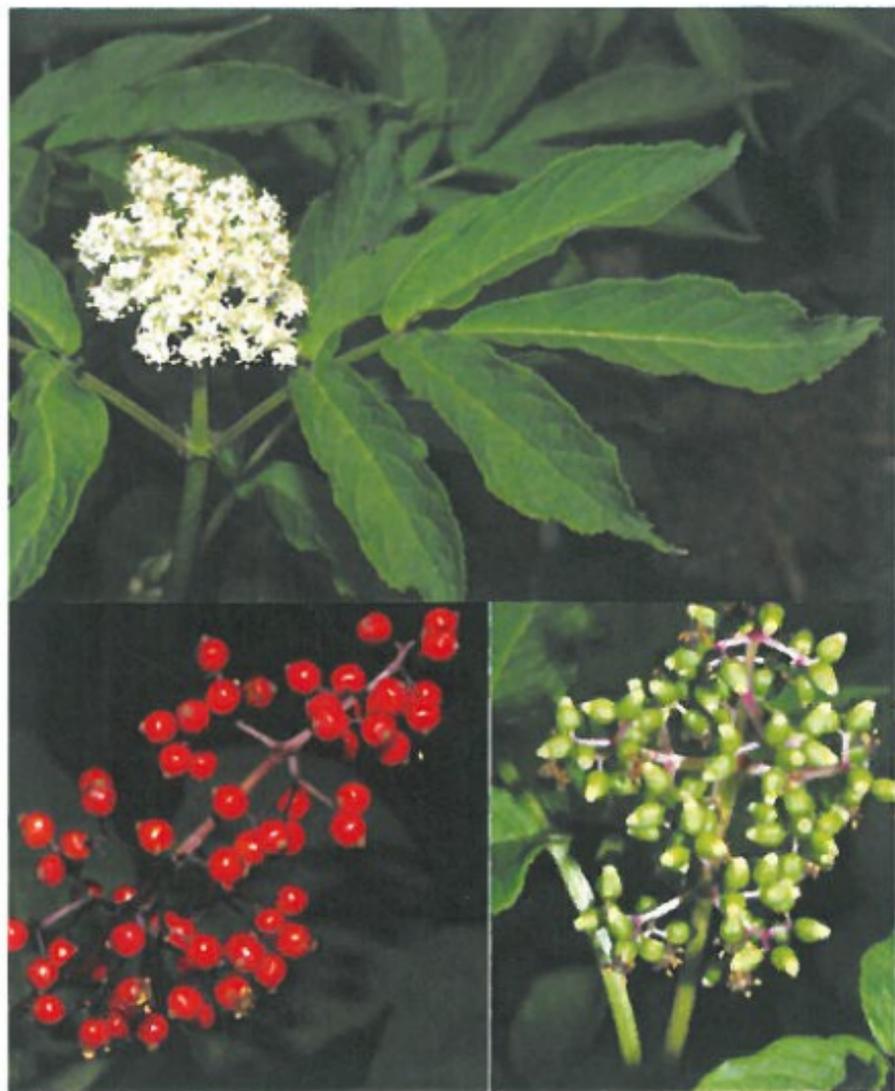
**Red Currants,
Kawirqaq Qunisiq**





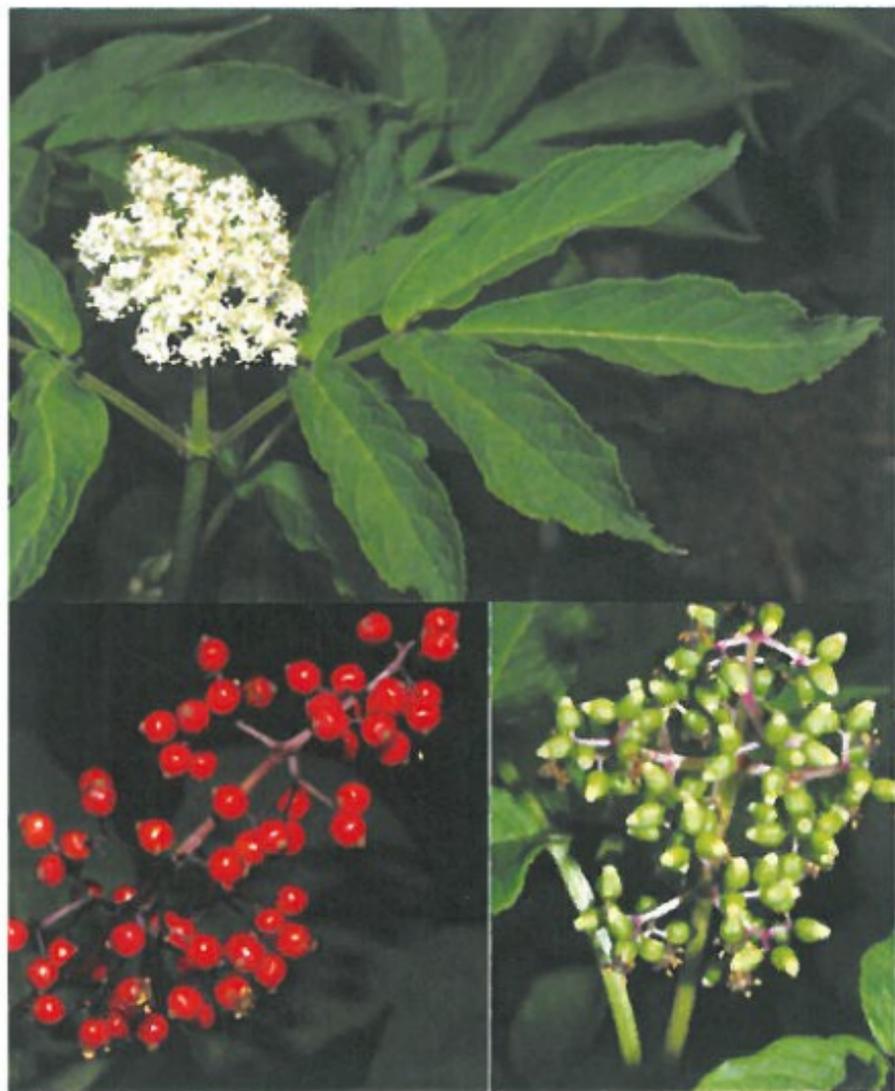
**Red Currants,
Kawirqaq Qunisiq**





**Elder (flower & berries),
Qaruckaq**





**Elder (flower & berries),
Qaruckaq**





**Watermelon Berry,
Meruaqutaq or muuquaq**





**Watermelon Berry,
Meruaqutaq or muuquaq**





**Cloudberry,
Aqagwik**





**Cloudberry,
Aqagwik**





**Bethlehem Star
Ikignganaq**





**Bethlehem Star
Ikignganaq**





**Wormwood,
Caik**





**Wormwood,
Caik**





**Tundra Rose,
Qutuneskiiq**





**Tundra Rose,
Qutuneskiiq**





**Mountain Ash,
Esqunaq**





**Mountain Ash,
Esqunaq**





**Cranberry (Highbush)
Qalakuak**





**Cranberry (Highbush)
Qalakuak**





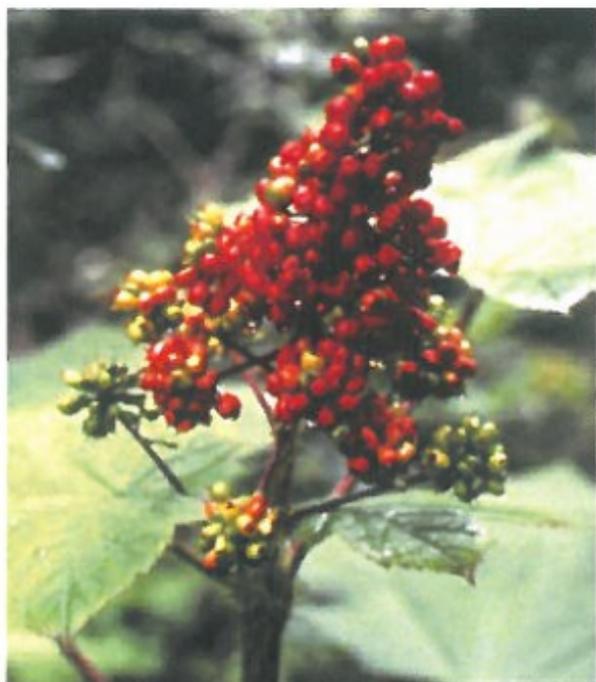
**Nagoonberry,
Puyurna**





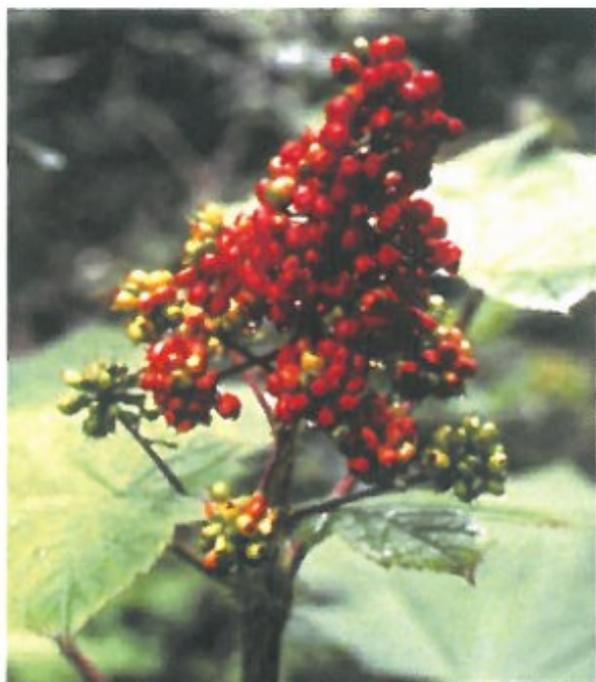
**Nagoonberry,
Puyurna**





**Devil's Club,
Cukilanarpak**





**Devil's Club,
Cukilanarpak**





**Sweet Coltsfoot,
Nausak**



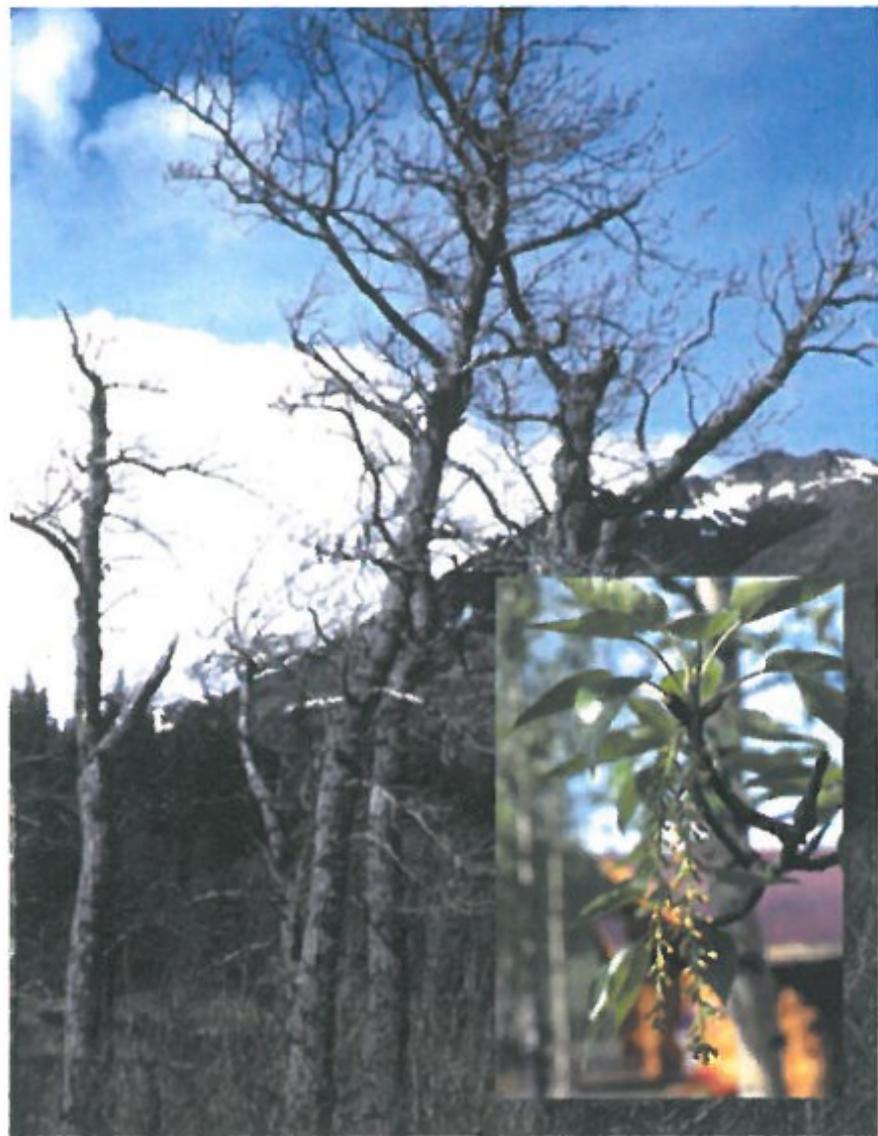




**Sweet Coltsfoot,
Nausak**

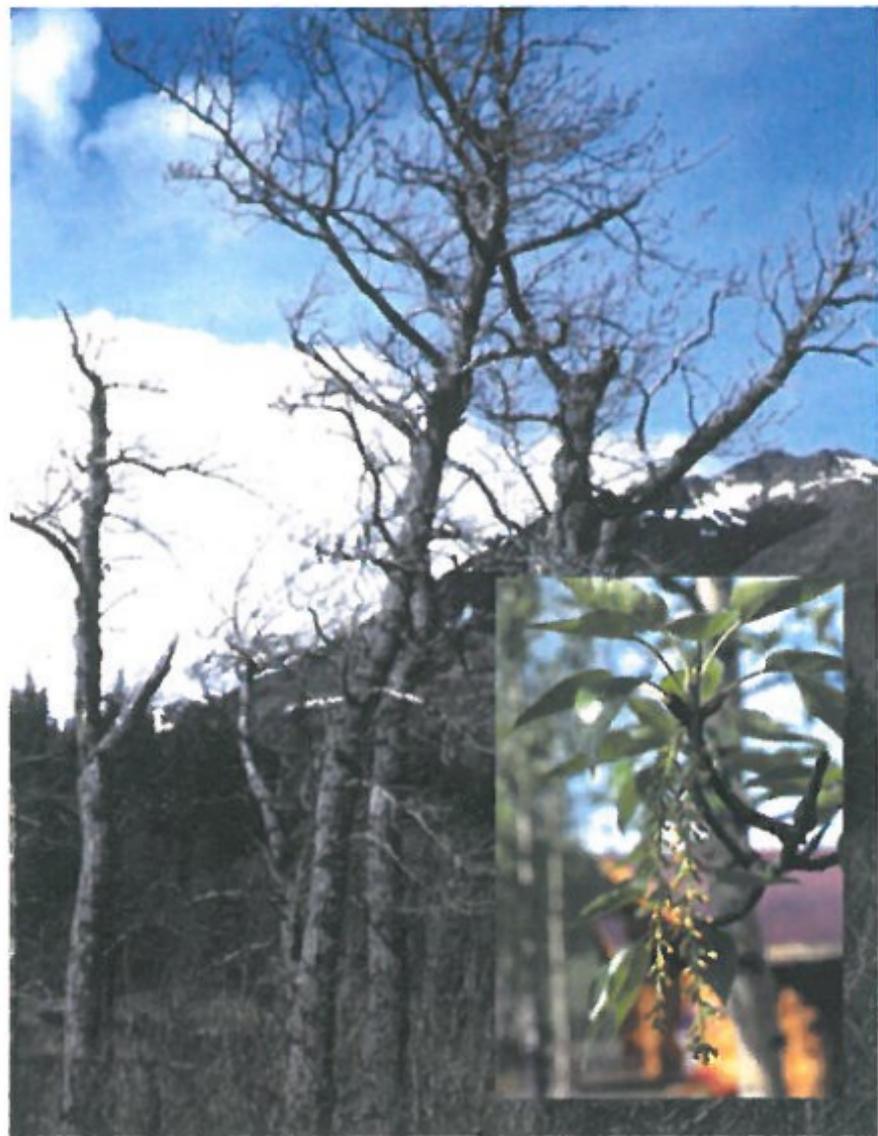






**Cottonwood
Ciquq**





**Cottonwood
Ciquq**





Monkshood,







Monkshood,







Baneberry,







Baneberry,







**Salmonberry,
Alagnaq**





**Salmonberry,
Alagnaq**





**Nettle,
Uuqaayanaq**





**Nettle,
Uuqaayanaq**





Pineapple Weed
Alam'áasjaaq





Pineapple Weed
Alam'áasjaaq



False Hellebore,





False Hellebore,



Traditional Sugt'stun Medicinal Plant Old Maid cards

Healing Properties of Alaska's Plants Heritage Kit,
financially supported by the US Department of
Education Alaska Native Education Grant Number
S356AQ09090054-10.

Deal out all of the cards. There may be a few people with one more card than others, this does not matter. Each player puts all of their matching pairs on the table. Then the person to the left of the dealer takes one card from the hand of the person to their left. If that card matches one of the cards in their hand, then the pair is put on the table. The object of the game is to put down all of the cards and not end up with the "Old Maid" or Water hemlock.

Photos generously provided by and ©Verna Pratt
and Lady Bird Johnson Wildflower center. Line
drawings by Cristalina Jager ©Chugachmiut 2011